

Frederick County Parks and Recreation is delighted to offer programming for Daisies, Brownies, Cadets and Juniors that will assist them in meeting badge requirements in various areas. Scout programs are offered at Rose Hill Manor & Museums, Catoctin Creek Park & Nature Center, Fountain Rock Park & Nature Center, and Middletown Cooking Studio. Each program has been designed in accordance with Badge Books and to provide girls with the opportunity to complete their badges in unique settings. The following is a list of programs currently offered for each level, however other programs can be provided upon request.

Daisies

Considerate & Caring (Animals)

Explore the nature center and discover some animals that live there. Learn about what they eat, how they move and what sounds they make. Find out ways to help protect wildlife.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Use Resources Wisely (Learn about Habitats)

Understand that all wild animals need food, water, shelter, and space. Meet some nature center animals up close and learn about different habitats found in the park.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Make the World a Better Place (Recycling)

Discover how to make the world a better place. Explore and learn all about recycling through stories, activities, and games.

(Fountain Rock Park & Nature Center/Catoctin

Creek Park & Nature Center)



Brownies

Listening to the Past

Discover the past by listening to the story of Rose Hill Manor and its inhabitants, playing with toys and games of early America, and acting out scenes from life in 18th and 19th century.

(Rose Hill Manor Park & Museums)

Puppets, Dolls, and Plays

Children in early America made their own dolls and other toys. Learn to make your own puppets and dolls and create your own puppet show about Brownie Girl Scout safety. (Rose Hill Manor Park & Museums)

Make It, Eat It

Learn to make the following fun recipes; baked apples, fruit juice fizz and fruit salad, sloppy joes, and brownie soup. You'll also make your own recipe book. And try your best at being a green thumb to learn about growing your own fruits, veggies and herbs. (Middletown Cooking Studio)

Eat Right, Stay Healthy

Learn about the food we eat and what makes them healthy. Become a smart grocery shopper, learn about dairy foods and make some fun crafts.

(Middletown Cooking Studio)

Animals

Explore the nature center and learn about the difference between pets and wildlife. Meet some animals up close and learn about what they eat and how they move. Participate in games and activities and learn about the movements of animals in this fun-filled experience!

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Eco-Explorer

Discover how important the role of plants and animals are in nature. Explore different habitats, learn how animals become endangered and understand how to help wildlife. Through games and activities, learn how to make the environment a better place to live. (Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Watching Wildlife

Move over video games! Watching wildlife can be much more fun! Explore the nature center and learn about the body language of animals. Observe the nature center animals and discover what wildlife can be seen on an interactive nature hike.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)



Juniors

Yarn & Fabric Arts

Learn about traditional fabric arts including weaving and quilting. Dye your own small fabric project and learn basic knots or stitches to create beautiful fabric art.

(Rose Hill Manor Park & Museums)

Toymaker

Toys are not only fun to play with, they are fun to make. Learn about toys in the past and discover how to craft your own toys and games. You'll get to use your imagination to make your own toy and game to play with your friends and family.

(Rose Hill Manor Park & Museums)

Wildlife

Discover the abundance of wildlife outdoors. Learn about native animals, endangered species, trees and wildflowers. Hike the trails, use binoculars and learn first-hand what a Park Naturalist does.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)



Earth Connections

Investigate the ever changing world around us. Identify trees and plants, view wildlife up close, learn how habitats change and enjoy playing some eco-games.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Your outdoor Surroundings

Discover the endless joy of the great outdoors! Learn about bird-watching, gardening, and geo-caching. Find out from the Park Naturalist about their career. Participate in a nature hike, assist with native tree and shrub plantings and learn how to protect the environment and help increase wildlife diversity.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)

Outdoor Cook

Learn about what it takes to be an outdoor cook. You'll discover fun outdoor recipes and different ways to cook them. Most importantly you'll learn how to be kind to the outdoors while cooking and how to purify your own water.

(Middletown Cooking Studio)

Let's Get Cooking

Learn about food safety, eating healthy, make a fun fruity surprise and learn about food from around the world.

(Middletown Cooking Studio)

Food Power

Learn how to eat healthy and keeping a balanced diet. You'll create a fun craft by making your own food advertisement. Learn about food labels and how TV programming affects our eating habits.

(Middletown Cooking Studio)

Cadets/Teens

All About Birds

Master the art of bird watching and learn all about the world of our feathered friends. Increase your knowledge and understanding of bird anatomy, identification, songs, calls and migratory patterns. Learn how to use binoculars, field guides and discover what to feed them. Observe nest boxes, record data and create bird friendly habitat. (Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)



Wildlife

Discover the world of wildlife in Frederick County. Investigate the park and learn how to identify plants and animals. Conduct observations of animals at the nature center. Look for animal signs, document your discoveries, and create a plan of action to conserve the park's wildlife.

(Fountain Rock Park & Nature Center/Catoctin Creek Park & Nature Center)



Eco-Action

Explore the park and identify ways to improve wildlife habitat and diversity. Assess, research, and develop a plan of action and present to Park Naturalist. Discuss ways to increase environmental awareness and showcase stewardship for Frederick County. Participate in service projects including trail maintenance, native tree and shrub plantings, nest box installation and monitoring, trash clean-ups and recycling and native wildflower plantings.

(Fountain Rock Park & Nature Center/
Catoctin Creek Park & Nature Center)

All girl scout programs are $1 \frac{1}{2}$ -3 hours in length, depending on specific program.

Scout Program Fees are \$8.00/per girl (Cooking badges may include additional food supply costs)

One adult chaperone is required for every 10 scouts and is admitted free

Minimum group size is 6 scouts and maximum is 20 (maximum size for cooking badge is 8 scouts)

Scout leaders may be asked to actively assist with program

Reservations must be made at least 2 weeks in advance

Additional scout programs and topics are available by request and FCPR staff is happy to work with you to develop a unique program for your troop

For more information or to make a program reservation, please call 301-600-1646